西雅圖證道堂
Evangelical
Chinese Church
of Seattle

COVID-19 Taskforce Update and Recommendations

January 8, 2022

Over the past two weeks, Seattle, along with most of the United States, has been experiencing a COVID-19 surge related to the latest variant Omicron. Along with the CDC and state and county health agencies, the ECC COVID taskforce is monitoring this trend closely. Our following recommendations exceed the current Washington State guidelines:

1. The Taskforce supports the CDC recommendation that vaccination (including a booster shot) is the best way to protect yourself and others from an initial and breakthrough COVID-19 infection. At this time, you are maximally protected two weeks after receiving a booster shot (i.e., a third dose after two initial vaccinations of the Pfizer or Moderna shot, or a second shot after one dose of the J&J vaccine).

2. As breakthrough COVID-19 infections can occur in anyone, we advise any members who do not feel well (with or without fever) to stay home and participate in our livestream worship. You should contact your doctor if symptoms worsen and consider getting a COVID-19 test. Anyone who tests positive for COVID-19 should quarantine for two (2) weeks and refrain from coming in person to the church. Anyone alerted with a potential exposure through contact tracing without symptoms should remain home for seven (7) days and consider getting a COVID-19 test five (5) days after the exposure.

3. The latest data show that an Omicron infection is milder than from other COVID variants; however, all members who are older (>65 years old), who are immunocompromised (with blood disorders, receiving cancer treatment, or immunosuppressive agents), or who have other serious illnesses are also advised to stay home and participate in livestream worship until the Omicron surge has subsided.

4. ECC will follow state guidelines for large group gatherings on Sunday (https://coronavirus.wa.gov/information-for/you-and-your-family/safer-gatherings):

- Continue to implement temperature checks.
- All in-person worshippers on Sunday will be required to wear masks.
- Physical distancing of 6 feet is recommended when possible.
- No food will be served during fellowship.

5. Feeling alone and dealing with COVID-19 stress can be overwhelming. If you ever need to talk with someone, we invite you to call any of the pastors or elders of our church.

Based on the trend of Omicron in other countries, we pray for a similar surge duration here in Seattle. In the meantime, know that we are praying for you and your family.

ECC Covid Task Force

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