西雅圖證道堂
Evangelical
Chinese Church
of Seattle

ECC Guidelines on Masking

1/18/2022

Dear ECC Family,

This pandemic is ever-changing and public health guidelines also continue to change as information on the COVID-19 virus expands and alters what we know and what we do. To provide guidance and safety to our ECC family, we continue our efforts to provide guidelines and information to inform and protect you.

Based on the newest guidelines and information from the CDC on masking, ECC now recommends that you wear a **surgical mask or higher level of mask (KN95, N95, etc.)** to protect you and others from COVID-19 infection. You can use a well-fitted surgical mask or if loose, consider wearing a cloth mask over a surgical mask. If you happen to come to ECC with only a cloth mask and do not have a surgical mask, one will be provided to you.

Please continue to pray for us for wisdom as we continue to balance the spiritual, emotional, and physical health needs of our church, for His glory.

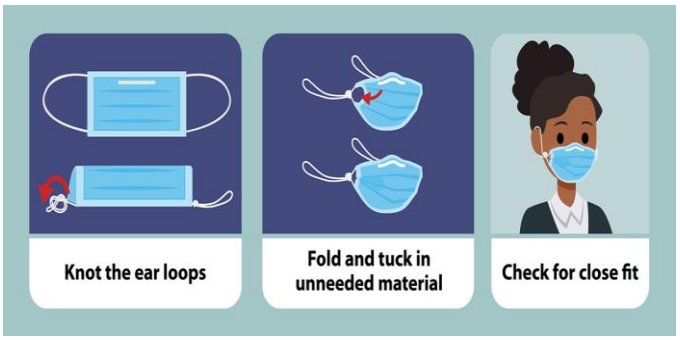
Also, as more and more people are either exposed to or have acquired COVID-19, please see the guidelines on what to do (**https://bit.ly/COVID0118E-att.**)

May God bless you and keep you safe,
ECC Covid Taskforce



Ways to have a better fit and extra protection with cloth and disposable masks:

- Wear two masks (disposable mask underneath **AND** cloth mask on top)
- Combine either a cloth mask or disposable mask with a fitter or brace



- Knot and tuck ear loops of a 3-ply mask where they join the edge of the mask
  - For disposable procedure masks, fold and tuck the unneeded material under the edges. (For instructions, see the following https://youtu.be/GzTAZDsNBe0)
- Use masks that attach behind the neck and head with either elastic bands or ties (instead of ear loops)

Please be aware that there are many counterfeit KN95 masks. For more information see the following link:

https://www.cdc.gov/niosh/npptl/respirators/testing/NonNIOSHresults.html

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html

Seattle Campus
651 NW 81st Street
Seattle, WA 98117

Redmond Campus
17460 NE 67th Court
Redmond, WA 98052

206.789.6380 Tel
206.782.3684 Fax
www.eccseattle.org/